

**FACTORS THAT INFLUENCE AND ELIMINATE INFORMATION AND
PSYCHOLOGICAL SECURITY IN ADOLESCENCE****Umarova Iroda Bakirovna**

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Annotation

The article talks about the negative impact of information attacks on the younger generation, particularly adolescents and society. Ideological political conflicts are regarded as emerging information risk factor in mass culture. Attention will be paid to the research of scientists who have studied information and psychological security. In adolescence, the factors that influence and eliminate information and psychological security were covered.

Keywords: *adolescence, information, information and psychological security, national Information Policy, Social Security.*

Deepening democratic reforms it is very important to ensure that people live on the basis of the existing rules and regulations, and the effects of information coming from different sides on this matter are constantly showing its impact. As humanity steps into a new information society, it seeks to look for new opportunities in the field of moralize the existing style of information space. The protection of readers from open information threats also encourages research into the search for new opportunities, which is considered urgent.

Five priority directions of development of the country in 2017-2021 of the president of the Republic of Uzbekistan in the strategy of actions "physically healthy, spiritually and mentally developed, independent thinking, loyal to the motherland, has a serious life defect is the education of young people. The provision of psychological security of information in the improvement of public policy on young people is the basis for combating foreign ideas. Socio-economic issues such as the adoption of the state policy on youth and the psychological support of their youth through this legal framework to ensure adequate working conditions for the younger generation are also considered important for their further decent life. The formation of a culture of information consumption by means of which it is desirable to use modern pedagogical and psychological achievements of influence on the personality of a teenager. Information can be described as follows "information is a set of information about individuals, subjects, facts, events, events, and processes, regardless of their source and form of presentation.

The priority task of educating the growing younger generation as a harmonious person is to prevent various external threats in this regard, it is important to be aware of the potential danger of information that can affect the consciousness of the individual, as well as the formation of information consumption culture, information psychological safety immunity. According to the state of January 2021, the number of global internet users around the world is 4. It accounts for 66 million or 59.5% of the Earth's population. Also 5.22 billion people use mobile internet, which is 66.6% of the world's population.

The influence of ideological and political contradictions is also drawing the younger generation into its domain. A political structure, or association, is an organization, about which the state seeks to change through various means is gaining momentum. Information psychological security is studied not only in psychology, but also in pedagogy, Sociology, Philosophy, Ethics, religious studies in different interpretations. Currently, dozens of studies are being conducted on the formation of ideological immunity in young people, as different methods

of protection from mass culture influences, as well as the influence of the media on the formation of internet - subordinated circulation, personality behavior.

The impact of open information systems on different countries is also diverse. This situation is connected with how the economic, information, spiritual capacities and policies of the countries of the world work. Given that 60% of our country is young, it is not difficult to notice the scale of this treatment. In order to reduce the negative impact of the severe processes taking place in the world on each country and to make a positive impact, it is necessary to have a deep understanding of the essence of this phenomenon, to study its features. This is evidenced by the fact that the behavioral changes of society are changing in the influence of information. From the point of view of the formation of information and psychological security in adolescence, one can draw attention to the following aspects. The type of leader in the type of adolescent activity:

1. Emotional-willed, spiritual experiences of every teenager;
2. The development of intelligence in adolescents;
3. To the factor of the socio-spiritual environment formed in society.

Information has not only gone beyond the limits of ideological, economic, ethnic, religious, form, but has also become the main form of politicized information attack, in which it is possible to exert as much influence and apply as much universality as possible. Analysis of scientific sources suggests that influence in the media has its own scientific concept, which is based on the teachings of "theory of individual and social relations", "identification and response to threats". Today, we are witnessing a struggle of alien ideas that possess the consciousness of young people of our country with an interest in everything that seeks to be in harmony with the world. We can confirm the younger generation on the basis of ideas based on humanism, upbringing in the spirit of love for the motherland, pure Islamic thinking. There are a lot of types of exposure, and the main thing is that they can be shown to be strategic, agile and tactical types. They differ from each other in terms of purpose and task. Threats can be directed to the political, economic, educational, environmental, military, social demographic spheres of society. The possibilities of information psychological security in adolescence can be considered on the following basis.

- The personality of a teenager has the appearance of a supple the process of development requires control of behavior.

- The desire to experience the support of others due to the fact that the teenager is experiencing the deepest period of the psychological crisis.

- Have discrepancies between the Real me and the ideal me.

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